

Hong Kong Society of Sport and Exercise Psychology

Annual General Meeting 2009



DATE: Saturday, 4th July 2009

TIME: 2:30 p.m. – 4:40 p.m.

VENUE: Lecture Theatre 100, Bank of America Tower,
Admiralty, Hong Kong

SCHEDULE

- 2:30 p.m. – 3:00 p.m. HKSSEP AGM 2009
- 3:00 p.m. – 3:15 p.m. Welcome and presentation of certificates to
“Applied Sport and Exercise Psychology (Level I &
II)” course’s graduates, and group photos
- 3:15 p.m. – 4:30 p.m. Talk: “**Magic of Language Pattern: Key to Sport
Psychology**” by **Dr. CHAN Chin Ming, Roy**
- 4:30 p.m. – 4:40 p.m. Announcements and closing of seminar
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HKSSEP AGM 2009 AGENDA

1. Presidential Address
2. Annual Report by the Secretary General
3. Annual Report by the Treasurer
4. Approval of Accounts for the year 2007/08
5. Resignation and appointment of auditor for the year 2008/09
6. Election of a new term of service for officers of the Executive Committee
7. Any other business

Hong Kong Society of Sport and Exercise Psychology

Sport psychology is the scientific study of people and their behaviors in sport and exercise contexts, and the application of that knowledge. Specifically, it seeks to: (a) understand how psychological factors affect a person's physical performance and to learn the mental aspects of peak performance; (b) understand how participation in sport and exercise affects a person's physical development, health and psychological well-being.

Mission of the Society:

- (a) To promote and develop the correct concept of sport and exercise psychology;
- (b) To organize activities such as courses, seminars, research and other activities pertaining to sport and exercise psychology;
- (c) To cooperate and promote relationships with organizations, associations, societies and persons in Hong Kong and overseas having similar objectives as that of the society; and
- (d) To stimulate and promote public interest in sport and exercise psychology.

You are most welcome to join us as individual or group members. We regularly organize talks or other professional activities for members. If you are interested in knowing more about the society or becoming a member, please visit our website at <http://www.hkssep.org>, send your e-mail to info@hkssep.org, or write to us at:

The Hong Kong Society of Sport and Exercise Psychology Ltd.,
The Sport Psychology Unit,
The Hong Kong Sports Institute,
2 On Chun Street,
Ma On Shan,
Shatin, N. T.

香港運動心理學會

運動心理學是研究在運動環境中，人類和他們行爲的一種科學，及其應用。具體來說，它嘗試去 (a)了解心理因素如何影響個人的身體表現和頂峰表現；(b)了解運動的參與如何影響個人的生理發展、健康及心理幸福的感覺。

學會的使命：

- (a) 促進和發展正確的運動心理學理念；
- (b) 組織各種和運動心理有關的課程、講座、研究和其它活動；
- (c) 促進和本地及外國有共同信念的學會及個人的合作和關係；和
- (d) 提升社會人士能對運動心理學的興趣。

我們誠意邀請你以個人或團體身份加入學會，我們通常為會員主辦一些學術性或專業性的活動。如果你想知道多一些有關本會的資訊或成為會員的話，請到我們的網址 <http://www.hkssep.org> 瀏覽，或電郵到 info@hkssep.org，或寫信到：

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