



香港運動心理學會

Hong Kong Society of Sport & Exercise Psychology

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## **HKSSEP President's Address 2014**

Dear HKSSEP Members,

2014 is a big year in Hong Kong elite sports community. There was Asian Games held in Incheon, South Korea. Hong Kong government sent the largest delegation including athletes, coaches, administrative staff and medical officials (with two sport psychologists). With the great effort of all athletes and supporting parties, we have won the largest number of medals in HK history. A big congratulation our elite representatives!

Entering the first year of our second decade, we have been continuously building upon previous establishment and experience. Interaction with local university students continues through the guest lectures at both HKBU and CUHK. The students generally expressed very good response. Networking with universities is one of the key paths bringing sport psychology to our societies' new generation.

Considering new generation, I am delighted that we have a number of young professionals joining HKSSEP as full members. It reinforces my belief that there are people with similar passion like ours around us. HKSSEP can be the one introducing sport psychology, but we can also be a supporter and partner along the way colleagues live off their passion. Together we can be a strong joining force developing sport psychology as a profession and health service providers.

To strengthen our professional status, connection with international sport psychology associations is a must. I am happy to see that many of our members and EC colleagues actively participated in international conferences over the past year, including ASPASP congress, AASP annual conference, and Chinese national congress of sport psychology. My colleagues and I are looking forward to having more international exchange.

May I take this opportunity to present you the newly issued newsletter and wish you all Happy New year in 2015!

Best Wishes,

Henry Hin Yue LI

President of the HKSSEP